

# Common Sense PARENTING

*provides parents a positive way of  
taking charge of their families.*

*enables parents to manage crisis  
situations and create a healthier family  
standard of living.*

Common Sense Parenting is an  
innovative approach that builds and  
reinforces quality family relationships.

Skills taught in Common Sense  
Parenting are comprehensive in scope  
and can be readily adapted to meet  
the cultural, ethnic, or racial dynamics  
of any families.



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# COMMON SENSE PARENTING



**A proven, step-by-step program for  
raising responsible kids and building  
happy families**

## Common Sense Parenting skills preserves families

Parents are trained in the art of:

*communicating clearly*

*balancing discipline with affection.*

*avoiding power struggles,*

*maintaining emotional control.*



## Common Sense Parenting can make a Difference!

This evidence-based program was developed by Girls and Boys Town. Through certified trainers, parents are trained to use the proven methods of Common Sense Parenting to attain family goals, reduce problem behaviors, enrich family relationships, support success in school and diminish conflict.

Research results indicates

- decrease in reported child problem behavior
- Decrease in potential for child physical abuse
- Decrease in out-of-home placements
- Increase in parenting satisfaction
- Increase in family satisfaction

**Louisiana Federation of Families for Children's Mental Health has certified parent-trainers who are prepared to offer classes on Common Sense Parenting (ages 6-18), as well as Common Sense Parenting for Preschoolers and Toddlers.**

**Classes are available statewide!!!**

**Call today for information on how you can acquire Common Sense Parenting Classes for the families you serve.**

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